

BPI Review Form 070520

Book Name:	<u>Recent Updates in Disease and Health Research</u>
Manuscript Number:	Ms_BP_8029E
Title of the Manuscript:	The effectiveness of mindfulness practices in the treatment of borderline personality disorder
Type of the Article	Book chapter

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PART 1: Review Comments

	Reviewer's comment	Author's comment (If agreed with the reviewer, correct the manuscript and highlight that part in the manuscript. Authors must write his/her feedback here)
Is the manuscript important for the scientific community? Please write a few sentences explaining your answer	Yes.	
Is the title of the article suitable? Do you have any alternative Title in your mind?	It is ok titles, although I would add "and yoga practices" either in the title or in the key words, it could help the visibility of the paper among the other papers with similar topic.	
Is the abstract of the article comprehensive? If your answer is No, please provide suggestions	Yes. In the 4 th line "have similar changing mechanism" sounds a bit robust and not clear.	
Do you think the English quality of the article is suitable for scholarly communications? If your answer is No, please provide suggestions	Overall yes, there are a few mistakes, of no importance but there is one very important: everywhere in the text it is written netalization instead of mentalization (I suppose that is what you wanted to write) – probably the automatic corrector problem.	
Please provide your comments regarding the appropriateness of different sections of the manuscript.	<p>Page 2, paragraph 2, the sentence "these structures.." is not necessary.</p> <p>Page 3, paragraph 2, the sentence starting with "twin studies...", the part "is responsible for 0.69", - not clear what measure, what that number measures, what is the information beneath.</p> <p>Page 3, 3rd paragraph, 3rd line – BPD is not disease, it is disorder, important to distinguish</p> <p>Page 5 and 6: should be taken care of underline, bold etc sentences in order to have uniform character, like this is a bit messy, would be more professional if better organized visually)</p> <p>Page 5 – the last paragraph (yoga), a reference would add for the sentence "Yoga and meditation help to produce...", also the word "remarkable" gives too tabloid style, try to change for something more neutral.</p> <p>Page 6. A brief introduction of kundalini and Kriya is missing, you talk about it later but it should be either announced that it will be explained later or explained immediately in the text. 2-3 sentences which introduce different types of yoga and why you chose these two among all of them. Sounds very robust without it.</p> <p>Page 6 - in "Deep breathing" part "people are upset", missing "are"</p> <p>Page 6 - Music therapy could benefit of better definition (why it is therapy and not only listening to music)</p> <p>Page 6 – "observing thoughts", try to replace "the best" by something more neutral and "easy" by something like "easier by practice" or similar</p> <p>Page 7 – in the table there are a few orthographic mistakes (Widow instead of widow" for example. I am not sure if housewife is politically correct, is there any other synonyme?</p> <p>Page 9 – missing reference at the end of the first paragraph</p> <p>Page 9 – please add a reference for the first sentence in the last paragraph (SKY)</p> <p>Page 11 – the end of discussion would benefit on another paragraph where you discuss a possibility that people who benefited for the practices scored better simply because they were chosen and they were taken care for (very important for the people who feel excluded and abandoned in the first place)</p> <p>Page 11, the first line in the last paragraph, try to change "the best training" for something promising but less definitive and more neutral</p>	

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Do you think that the references in the manuscript are proper, recent and sufficient? If you have any suggestions, please write here.	I have added a few notions of missing references in the last question. The list of references should be done in the same typing style.	
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PART 2:

	Reviewer's comment	Author's comment <i>(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
Are there ethical issues in this manuscript?	<i>(If yes, Kindly please write down the ethical issues here in details)</i>	

Reviewer Details:

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