

Review Form2

Book Name:	Science and Technology: Recent Updates and Future Prospects
Manuscript Number:	Ms_BPR_2457
Title of the Manuscript:	Yoga Therapy for Elderly with Hypertension
Type of the Article	Book chapter

PART 1: Review Comments

Compulsory REVISION comments	Reviewer's comment	Author's Feedback(Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Please write a few sentences regarding the importance of this manuscript for the scientific community. Why do you like (or dislike) this manuscript? A minimumof 3-4 sentences may be required for this part.	The topic of the manuscript is fascinating and required. In today's scenario, the prevalence of hypertension is increased through early intervention to prevent the progression of cardiovascular disease and complications in individuals at high risk.	
Is the title of the article suitable? (If not, please suggest an alternative title)	Not suitable; it should be patient-oriented Effect of yoga therapy in individuals with hypertension	
Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here.	The first sentence of the abstract could be better. Include a sentence about the incidence or public health implications of Hypertension.	
Are subsections and structure of the manuscript appropriate?	• Introduction: Overall, the introduction is not influential. This portion needs to be rewritten. A good way is to start with a proper background (introduction to the topic), describe the prevalence of hypertension modifiable and non-modifiable risk factors, highlight the gap area, and then link it with your current preventive measures. • Methodology: More details about the study design are needed; the trial design is unclear. Under subheadings, writeabout the recruitment of the participants, how the sample size was determined, and what the inclusion and exclusion criteria were, followed by details of the interventions. Sample size, details of demographic information,anthropometrics, any biochemical investigation details, Was blinding done..?,adherence and fidelity of yoga, Hypertension/JNC -8 criteria • Results: Results are poorly written. Corrections, rephrasing, explanation, and modification are needed. All demographic information is merged in the first table, • The discussionsection should be revised	

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	- It is presumed that the author(s) should add to the discussion by providing data from previous research. - Author rewrite discussion with studies based on the effect of yoga on hypertension - The information presented in the discussion section doesn't have any link to each other. Limitations& conclusion section should be revised - Additional limitations - single-site study, no qualitative data	
Please write a few sentences regarding the scientific correctness of this manuscript. Why do you think that this manuscript is scientifically robust and technically sound? A minimum of 3-4 sentences may be required for this part.	The current topic of interest is of significant research importance.	
Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form.	Recheck all references for uniformity.	
Minor REVISION comments		
Is the language/English quality of the article suitable for scholarly communications?	The whole manuscript needs English revision. There are many minor grammatical mistakes that need to be corrected.	
Optional/General comments	The authors are advised to work on grammatical errors, such as spelling mistakes, and start new paragraphs. Use clear and concise text. - The authors are requested to use professional English editing. - Use page numbers and line numbers when submitting the revised manuscript. It becomes difficult for the reviewers to point out the errors - Use abbreviations. - I would suggest the authors use scientific terminologies rather than a simple one	

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PART 2:

	Reviewer's comment	Author's comment <i>(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
Are there ethical issues in this manuscript?	<i>(If yes, Kindly please write down the ethical issues here in details)</i>	

Reviewer Details:

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