

Review Form2

Book Name:	Science and Technology: Recent Updates and Future Prospects
Manuscript Number:	Ms_BPR_2457
Title of the Manuscript:	Yoga Therapy for Elderly with Hypertension
Type of the Article	Book chapter

PART 1: Review Comments

Compulsory REVISION comments	Reviewer’s comment	Author’s Feedback(Please correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Please write a few sentences regarding the importance of this manuscript for the scientific community. Why do you like (or dislike) this manuscript? A minimumof 3-4 sentences may be required for this part.	Yoga Therapy has a lot of impact on Health and well being of an individual. It helps relieve stress and so does a variety of beneficial effects of Yoga has been found in various scholarly health articles and hence I Like this manuscript and Manuscript of these kind will help deliver a importance of Yoga in the community	
Is the title of the article suitable? (If not please suggest an alternative title)	No Alternate Title : Yoga Therapy Impact on Elderly Hypertension	
Is the abstract of the article comprehensive? Do you suggest the addition (or deletion) of some points in this section? Please write your suggestions here.	Abstract of the article is comprehensive but a bit of suggestions are mentioned below . Suggestions: Addition of Blood Pressure parameters pre test and post test Deletion; These papers provide guidance on non-pharmacological strategies for lowering hypertension, limiting salt consumption, practicing self-care, managing hypertension during illness, guidelines for hypertension reduction, and specific yoga activities for hypertension reduction.	
Are subsections and structure of the manuscript appropriate?	Yes the Subsections are appropriate	
Please write a few sentences regarding the scientific correctness of this manuscript. Why do you think that this manuscript is scientifically robust and technically sound? A minimumof 3-4 sentences may be required for this part.	The manuscript is scientifically robust and technically sound as it clearly states the idea that Yoga therapy the optimal choice for Hypertension and should be included among the available treatment choices. The articles appropriateness in clearly stating the results and limitations thereof make the manuscript scientifically robust and sound except that the abstract needs revision in my opinion.	
Are the references sufficient and recent? If you have suggestions of additional references, please mention them in the review form. :	Yes the references are sufficient and recent	

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Minor REVISION comments		
Is the language/English quality of the article suitable for scholarly communications?	Minor revision required	
Optional/General comments	Abstract needs a bit revision	

PART 2:

	Reviewer's comment	Author's comment(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Are there ethical issues in this manuscript?	(If yes, Kindly please write down the ethical issues here in details)	

Reviewer Details:

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